

## **BREAKFAST MENU**

#### JUICES

Apple 92kcal or Fresh Orange 130kcal

## NEWBY TEAS

English Breakfast · Decaffeinated English Breakfast Hunan Green · Strawberry & Mango · Peppermint · Chamomile

### SPECIALITY COFFEE

French Press 2kcal · Double Espresso 2kcal · Americano 2kcal Latte 47kcal · Cappuccino 30kcal · Mocha 339kcal · Flat White 38kcal

Toast 164 kcal · Freshly Baked Croissants 224 kcal · Fresh Fruit 158kcal

## DORSET CEREAL

Simply Fruity Muesli 330 Kcal · Dorset Oat Granola 330kcal

Raspberry Bircher Pot 191kcal or Natural Yoghurt Pot 171 Kcal Raspberry, goji berry, sunflower seed

Porridge 296kcal Dark chocolate, blueberry compote, honey, bee pollen Charcuterie 173kcal Chutney, almonds

All prices include VAT at the standard rate. We add an optional 10% service charge to your bill of which 100% is paid to the hotel team.

Some of our food and drinks may contain nuts and other allergens. Please speak to us before placing an order so that we can advise you on your choice. Our kitchens and bars handle all allergens and use shared equipment, so unfortunately, we cannot guarantee to be trace free. Our vegan recipes are prepared with vegan ingredients, but these may still contain traces of all allergens. Adults need around 2000kcal a day.



# **BREAKFAST MENU**

Full English Breakfast 628kcal Local sausage, cured bacon, black pudding, tomato, mushroom, baked beans & your choice of eggs

Vegetarian English Breakfast 531kcal Vegetarian sausage, tomato, mushroom, baked beans & your choice of eggs

> Avocado & Poached Eggs 427kcal Smashed avocado, goji berries, pumpkin seeds & poached eggs on toasted sourdough

Smoked Salmon & Scrambled Eggs 584kcal Scrambled eggs with slices of smoked salmon

Eggs Benedict 563kcal Ham with poached eggs & hollandaise sauce on a toasted english muffin

Eggs Royale 640kcal Smoked salmon with poached eggs & hollandaise sauce on a toasted english muffin

> Pancakes 173kcal Bacon & honey

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